Fit high quality doors and door frames that are reinforced with bolts and bars. Make sure that when you leave the premises, that all the doors and windows are locked, with keys kept out of sight in a secure area.

Visible CCTV and intruder alarms will deter burglars. For more information about securing your business premises, visit essex.police.uk/secure and ico.org.uk.

Inform your staff about the burglary prevention measures in your premises, and the correct way to use the security equipment. Explain to staff the importance of looking out for suspicious people.

Ensure that any money is emptied and removed regularly from the till. The drawers should be left open when emptied, with charity boxes anchored to the counter and locked away when not in use.

Protect portable high value goods such as jewellery or electronics, by removing them from display windows overnight and locking them in a secure room or a safe that is bolted in place and hidden away. This will protect cash and valuable items overnight. Before installing a safe, contact your insurance company for advice to make sure it meets their standards.

For more information about how to keep your business protected and secured, visit essex.police.uk/letstalk